

Served
All
Day!

THE CAPTAIN'S DEN

12368 WARWICK BLVD
757-240-4650



NEWPORT SCRAMBLES

Served with wheat toast & grapes.
Egg Whites available upon request - \$.99

DENVER

Cheddar Jack Cheese, Peppers & Onions \$10

GARDEN

Cheddar Jack Cheese, Edamame, Corn, Carrots,
Peppers & Broccoli \$10

WESTERN

Cheddar Jack Cheese, Country Ham & Green Peppers \$10

RECOMMENDATION

BREAKFAST BURRITOS

Chorizo, Egg, Cheddar Jack Cheese & Salsa in a flour tortilla wrap.

\$8

CAPTAIN'S OMELETS

Served with wheat toast & grapes

THREE CHEESE

Cheddar, Cheddar Jack & Swiss Cheese \$10

LORRAINE

Swiss, Onions & Bacon \$10

SOUTHWEST

Cheddar Jack Cheese, Marinated Southwest Chicken,
Salsa & Black Beans \$10

STAFF FAVORITE

BREAKFAST PLATTERS

Scrambled Eggs, Wheat Toast, Potato Casserole,
Grapes & your choice of Sausage or Bacon.

\$10

(Add a small OJ & Coffee \$3.50)

FRENCH TOAST

TRADITIONAL \$8.99

BRIE STUFFED \$9.99

BLUEBERRY \$9.99

(Add a side of bacon or sausage \$2.50)

WAFFLE SANDWICH

WAFFLE, EGG, CHEESE & MEAT

Choice of Bacon or Sausage
with American Cheese \$10

BREAKFAST QUESADILLA

Choice of Bacon or Sausage, Cheddar Jack Cheese, Hash brown & Egg \$10

BREAKFAST BOWL

Choice of Bacon or Sausage, Cheddar Jack Cheese, Hash brown & Egg \$10

AROMAS CLASSICS

BREAKFAST SANDWICHES

CROISSANT, BAGEL OR ENGLISH MUFFIN

Scrambled Egg & Cheddar Jack Cheese
with Choice of ham, bacon or sausage \$7

TOASTED ENGLISH MUFFIN OR BAGEL

Sliced & Toasted with your choice of Butter or Cream Cheese \$4.00

LOX & BAGEL*

Smoked Salmon with Cream Cheese, Tomato & Red Onion \$10.00

BAGEL ASSORTMENTS:

Plain, Everything, Asiago, Sesame, Wheat, Cinnamon Raisin

PEANUT BUTTER & BANANA BAGEL \$5

GRANOLA

Homemade Granola & Fresh Fruit \$7.50

GRANOLA & YOGURT PARFAIT

Yogurt, Homemade Granola & Fresh Fruit \$6

QUICHE OF THE DAY

Comes with a side of fruit \$7.99

BELGIAN WAFFLES

Topped with Whipped Butter & Strawberry Sauce \$8

SIDES

Scrambled Eggs \$1.99

Potato Casserole \$1.99

Bacon or Sausage \$2.99

Toast \$1.50

Fruit \$4.99

LET US
CATER
FOR YOU

- Barista Boxes with all the condiments
 - Breakfast Pastry Platters
 - Boxed Lunches (includes beverage)
 - Sandwich Trays
 - Appetizers & Salads
- Call us today to place your order.
48 hr advance notice please

THE VIRGINIA DEPT OF HEALTH WOULD LIKE US TO REMIND YOU THAT CONSUMING
RAW OR UNDERCOOKED MEALS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY
INCREASE THE RISK OF FOOD-BORNE ILLNESS.

* THE FOLLOWING MENU ITEMS MAY BE SERVED RAW OR UNDERCOOKED.